

Project Crossovers Apprentice's blog



The OAE

Last week the PMZ were visited by the Orchestra of the Age of Enlightenment. Four musicians visited us altogether. I organised a recording with myself and a peer at dBs....

The OAE wrote some songs with the *Reverb* group. We were joined by a few other people I hadn't met before and I think they have come from the scope group but I could be wrong.

Everyone was issued an instrument, somehow I got roped into playing the marimba and the glockenspiel. It was so touching to seeing everyone playing on a level as equals.

From person experience, living in a disabled body, you get used to not being able to do things. So when an accomplished musician is asking for your contribution on a valuable level, it's not only surprising but it makes you feel confident inside.

The first day involved us sitting around and writing songs together in a workshop. It was good to see everyone contributing to the song. The musicians could play loads of instruments between them (not only classical), their versatility meant we could explore a variety of genres. We played a reggae number. The musicians played a classical piece whilst one *Reverb* lad, beat boxed.

Another lad drummed, Mike was playing guitar, and another Mike was using his iPad with synthesized plugins to play melodic structures.

I got into conversation with a young guy from *Reverb*, this was good because I've not really had the opportunity to build up a trusting relationship with him.

Since I've been walking I've noticed some of the dynamics of the people I work with at *Reverb* change. Everyone has become really helpful and can't do enough to support me with my recovery.

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